

# Camp Huntington, Summer 2011

## Over The Counter (OTC) Form – PHYSICIAN'S Signature Required

By Mail: PO Box, High Falls, New York 12440

Or, please fax back to: Fax: 845-853-1172

Camp Office Phone: (845) 687-7840 or, 866-514-5281

### Annual permission for over the counter medication administration

O.T.C. Medications may be given to \_\_\_\_\_ as indicated below.

#### **ALLERGIES** \_\_\_\_\_

He/She may receive the following over the counter medications for no longer than 48 consecutive hours. The primary physician must then be contacted. A nurse/physician must be notified prior to administration of any oral medication if the staff has concerns regarding the person's condition. (Please cross out any meds you do not wish your patient to have.)

#### **MEDICATIONS**

#### **ADMINISTRATION**

Acetaminophen (Tylenol), 325 mg table 2 tablets PO. Every 4 hours to a max. of 8 tabs per 24hour period	_____ PRN for headache, pains, elevated temp. greater than 101 F. or pain
Ibuprofen 200mg tablets- 2 tablets Q6' PO	_____ PRN for pain or fever
Cough Drops, lozenges q 4 hours (not to Exceed manufacturers Dosage)	_____ PRN for complains of minor sore throat pain
Robitussin DM	_____ 10cc, PO for cough q 4 hours
Milk of Magnesia suspension	_____ 30cc liquid PO for constipation PRN
Dulcolax (5 mgtabs)	_____ 1 tab as needed for constipation PRN (many campers will not drink the MOM)
Immodium 2mg tabs	_____ 4mg initially, then 2mg after each loose stool (8mg max daily dose for 2 days) PRN
Pepto Bismol	_____ 30cc PO q 4 hours PRN for upset stomach Heartburn, or indigestion. Max of 4 doses, 24hrs
Mylanta Suspension	_____ 15 ml PO PRN, indigestion, heartburn
Benadryl 25 mg tablet or liquid	_____ 25 mg PO PRN for allergic reactions
Triple Antibiotic ointment	_____ Apply sparingly to cut or abrasion BID, PRN
Calamine/Caladryl lotion Or hydrocortisone cream	_____ Apply sparingly to bug bites or rashes BID PRN
Antifungal Spray or cream	_____ Apply BID to jock itch or fungal rashes Under breasts PRN, until cleared

Physicians signature \_\_\_\_\_ Date \_\_\_\_\_